



Intellectual & Developmental Disabilities How Do I Get Started?

1. Screening Call

Call **972-727-9133** and ask to speak to the **Intake Specialist** for a **brief screening** over the phone. The Intake Specialist will discuss the Intellectual and Developmental Disabilities (IDD) services available in Collin County and the state of Texas. The Intake Specialist can also assist with navigating the waiting lists for Texas Medicaid waiver programs, placing you on a waiting list, or directing you to the appropriate agency for additional information.

2. Eligibility Determination

If you or your family member appears to be eligible for IDD services, the **Intake Specialist** will **request information and documents** required for eligibility determination. These documents may be submitted through mail or fax. In some cases, a meeting with our staff psychologist may be needed to complete the eligibility process.

3. Intake Interview

After reviewing this information, our **Eligibility Specialists** may schedule a **face-to-face interview** with you and your family member who has a disability. The purpose of the interview is to assist our staff psychologist in determining eligibility for services. Be prepared to bring the following information or documentation to the intake interview:

- a) a copy of any **testing or evaluations**, including school testing, that establishes the presence of an intellectual disability or an autism spectrum disorder before age 18,
- b) a completed and signed copy of the LifePath Systems **IDD Services Intake Form**,
- c) a copy of the **Medicaid** or **Medicare card**,
- d) a copy of the **SSI** or **SSDI award letter**,
- e) and, if applicable, a copy of the **guardianship paperwork**.

Please remember that there are waiting lists for many services for people with intellectual and developmental disabilities in Texas. It is important that you contact us at **972-727-9133** as early as possible so that we can begin the process.