EMBARKING
On A
New Path

LifePath Systems
IMPACT REPORT 2014
1993 LifePath acquired the Church St. property in McKinney for the new Administrative Offices

1997 The Intellectual and Developmental Disabilities staff relocates to a new facility in Allen

We’re growing and forging NEW PATHS.

1997 The Alma Behavioral Health Center opens, providing over 5,300 people services this year alone

1999 LifePath builds a new space for Early Childhood Intervention offices in Allen

2015 The Grand Opening of the new Plano Behavioral Health clinic and Intellectual and Developmental Disabilities Services!
This month I celebrate 30 years working for the agency, 29 of those as CEO, and never have I felt more hopeful and excited about our future!

Dear friends,

I am pleased to present LifePath Systems’ Impact Report for 2014. It has been a year of exciting growth in many ways and we thought it was important for you to be aware of what is happening. Inside this report you will see how the numbers of individuals served is increasing and more importantly, how those services change lives for the better.

The federal “Healthcare Transformation” initiative is changing the way care is provided across the nation by placing a primary focus on preventative care, early identification and treatment. Our State chose to emphasize reducing preventable readmissions to hospitals, reducing inappropriate use of emergency rooms and increasing access to mental health care. LifePath has been able to hire additional qualified staff to serve more clients through our Behavioral Health clinics in both Plano and McKinney.

There are other important new programs funded in part by the Healthcare Transformation dollars. LifePath is collaborating with the University of Texas-Southwestern Medical Center to bring integrated primary care into our Behavioral Health clinics. We know conclusively that many of our current (and future) clients have unmet physical health conditions that can be fatal. Our goal is to reintegrate mind and body!

Our other projects that are growing rapidly serve young children who have been abused, individuals with IDD and psychiatric problems, adding peer counselors to our clinics and offering Mental Health First Aid training to the community.

As one way to accommodate the increased demand for services, this year the Board of Trustees approved the purchase of a building to house the Plano Behavioral Health clinic and the IDD (Intellectual and Developmental Disabilities) Services from Allen. Although move in will not occur until mid-2015, we are excited to be involved in designing the expanded space.

Lastly this last year we have grown in the number of collaborations and ongoing communications with Collin County officials, healthcare providers from throughout the area, law enforcement, universities and donors. We are very thankful for your support and shared commitment.

I am also very appreciative of the work and dedication of the Board, the Foundation Board, volunteers and especially staff during 2014. It was both a challenging and rewarding year. This month I celebrate 30 years working for the agency, 29 of those as CEO, and never have I felt more hopeful and excited about our future!

J. RANDY ROUTON, PH.D.
CEO
The needs of our community keep us moving forward.

LIFEPATH SYSTEMS BEGAN providing ECI services to 80 children in Collin County (except for the area served by Plano Independent School District) in 1990. We provided both in home and center based services with 8 staff.

In 1999, LPS acquired the Rockwall and Kaufman County area, and continued to increase the number of children served to over 500.

In September of 2014 we acquired the Plano ISD area of Collin County. As these three areas continue to grow, so does our ECI program. We are currently contracted to serve 931 children and now have 118 staff. We continue to focus on providing quality services while increasing the number of services provided to each family providing outreach and education about ECI.
Did you know?

62 individuals were provided services in our new Intellectual and Developmental Disabilities/Behavioral Health specialty clinic this year!

LIFEPATH FOUNDATION RECEIVED A $75K GRANT FROM Rees-Jones Foundation to hire a child and adolescent counselor for our McKinney clinic. In December of 2013, Lindsay joined our team. With appointments back to back Lindsay serves clients 3-21 years of age needing services due to abandonment, abuse, and trauma.

Many of these youth are referred by Teen Court and CPS. “This position provides me with the opportunity to teach youth skills to help them handle their environment” Lindsay continues “many of these kids go back to their dysfunctional environment. I can’t change their environment but I can help them to learn how to cope and thrive.” Last year alone, Lindsay has served over 100 children in the McKinney area.

And the demand for child and adolescent counselors continues to grow.

Growth in Behavioral Health Services

THIS HAS BEEN A TREMENDOUS YEAR of growth for Behavioral Health Services at LifePath Systems. After many years of only having the funds to maintain a consistent staffing levels and serve a static number of individuals each year, we were able to greatly expand our services and reach many more individuals in our community this year.

We were able to expand so rapidly through our participation in the State’s Medicaid Transformation Waiver, a state-wide project bringing new funds to improve the quality, health status, patient experience, coordination, and cost-effectiveness of health care across Texas. Through this funding, we are able to offer new services and expand access to our current behavioral health services in a way that we had previously only dreamed about.

We have expanded our clinical and support staff from a level of less than 30 behavioral health employees to a current level of over 50 with additional clinical staff planned for 2015. We moved our McKinney Outpatient Clinic from a 4,000 square foot facility into a space over twice that size located off Church Street in McKinney.

MENTAL HEALTH

We trained 98 people in Mental Health First Aid, mostly with McKinney ISD in this last fiscal year, and now have three staff who are certified trainers for both the adult and youth versions.

FIRST AID

Lindsay Ballinger, LPC
CHILD AND ADOLESCENT COUNSELOR
MELETRA HAS BEEN A LIFEPATH SYSTEMS EMPLOYEE for 25 years. She was recognized at the 2014 all-staff event for her dedication to our mission. “It has always been about the clients at LifePath. We try our best to do what is in their best interest” says Meletra with a kind smile. She continues, “we have changed and we have grown with the time. The growth is wonderful, except we have more people on the waiting list.

Thank you, Meletra!

OUR SUPPORTED EMPLOYMENT program has been assisting individuals with disabilities in securing and sustaining employment for over 15 years. With the help of various businesses, we are able to provide hope for so many.

“We love working with LifePath’s Supported Employment. These employees add so much diversity for our workplace. They are so happy to work. It changes our entire culture” Keely continues. “Their job coaches make sure that the employees are acclimated to their surrounding and provide so much support. This is truly a win-win situation”.

Thank you, Keely and Home Depot!

If I had a magic wand, I would make sure that everyone with disabilities got some service”.

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Thank you, Meletra!
**STATEMENT OF FINANCIAL POSITION**

**REVENUES**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Federal Assistance Programs</td>
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<tr>
<td>State Program Revenue</td>
<td>$5,065,752</td>
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<tr>
<td>County Funds, Other</td>
<td>$4,590,740</td>
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<td>Insurance Copays</td>
<td>$204,627</td>
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**TOTAL** $18,051,959

**EXPENSES**

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<td>Salaries, Benefits</td>
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<tr>
<td>Operations</td>
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<td>Contracted Services</td>
<td>$2,267,826</td>
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**TOTAL** $17,270,535

**By the NUMBERS**

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<th>Service Area</th>
<th>Adults Served</th>
<th>Children Served</th>
<th>Hours of Services Provided</th>
<th>Miles Traveled</th>
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<tr>
<td>Behavioral Health</td>
<td>4,229</td>
<td>1,078</td>
<td>33,715</td>
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<td>Early Childhood Services</td>
<td>2,609</td>
<td>46,751</td>
<td>525,124</td>
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<td>Intellectual &amp; Developmental Disabilities</td>
<td>1,435</td>
<td>39</td>
<td>80,675</td>
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**TOTAL** 10,263 ADULTS & 52,751 CHILDREN & ADOLESCENTS SERVED WITH 558,844 HOURS OF SERVICES PROVIDED AND 99,275 MILES TRAVELED.
LifePath Systems adds Director of Compliance, Planning and Quality Assurance Officer

LifePath Systems added a Director of Compliance, Planning and Quality Assurance to our team in order to address the rapid marketplace transformation to deliver higher quality of health care at lower costs.

This position will help ensure ongoing compliance with the growing number of state and federal regulations while focusing on current trends in legislation, regulations, and court decisions that may have an impact on LifePath Systems’ mission.

We are pleased to introduce Rik Lindahl, Director, Compliance, Planning and Quality Assurance. Rik comes to us with over 30 years experience with compliance and corporate planning. He is a native Texan with an MBA from Southern Illinois University.
This is 209 N. Benge, where the Supported Employment offices are housed today. It was generously given to LifePath Systems by the Ramsay family, whose young daughter was an ECI client.

We are very grateful for the generous support of our communities!
Dear Friends,

AS WE EVOLVE, GROW AND LEARN AS A FOUNDATION, our mission continues to drive our focus. The money we raise helps create more paths for more lives.

Whether someone is hanging in the balance of behavioral health challenges, substance abuse or intellectual and development disabilities, LifePath Systems is here to help them have a fighting chance at living a quality life.

I speak for the entire Board when I say how meaningful it is to contribute to this cause, to give people that fighting chance. This foundational work we’re doing will help bridge the gap one day between what LifePath Systems receives from federal/state funding and what it actually needs to serve the thousands of people waiting for help.

The need in our community is only going to rise. With mental health issues continuing to take center stage across the country, and Texas being the state with the least amount of funds allocated by its legislature, we all have an opportunity to help change the picture. But to achieve that, we must have the resources to support the fight, with trained staff and adequate facilities for clients.

We hope you’ll join our fight. Many lives are counting on us.

With gratitude,

Andrew Harris
CHAIR
LIFEPATH FOUNDATION
AS A MOTHER OF TWO, I OFTEN worry about my kids’ future. I worry if they will have the opportunities to live life to the fullest. My kids are in school and thriving, and have no special needs. I can’t imagine the magnitude of worrying for a parent of a child with special needs. They must wonder: what will happen to my child past school age? Will there be jobs available for them? Where will they live? What will their future hold?

LifePath Systems has been working with individuals with intellectual and developmental disabilities since 1986. I joined this effort as the Development Director for LifePath Foundation, active since November of 2012.

Fully aware of the lack of adequate funding and resources available for those in need, LifePath Foundation took up the major task to bridge the gap. Slowly putting its mission into action in April of 2014, LifePath Foundation hosted its first annual fundraiser called Sweet Dreams – Make a Sweet Difference.

Fundraiser guests enjoyed desserts and a live jazz band. Like most fundraisers, primary fundraising took place in the form of sponsorships. As we met and solicited donations, it become apparent that not many had heard of LifePath Systems or were aware that in Collin County alone there are over 1,200 individuals with intellectual and developmental disabilities on a waiting list to receive services. Downie Mathis, owner of Therapy Connection and Sweet Dreams’ sponsor was curious about LifePath services. During Sweet Dreams, Downie along with others watched a video of two young ladies describing their dreams. Both Loren and Ashlyn participated in LifePath Systems’ Summer Internship Program for individuals with Intellectual and Developmental Disabilities. In the video Ashlyn shares her experience working at the Plano Medical Center cleaning tables. She said “this job helped me realize that I can actually accomplish something”.

These stories touched Downie and she contacted LifePath in hopes of hiring someone like Ashlyn or Loren. Shortly afterward, Sydney was hired. Sydney is in charge of keeping all the therapy rooms clean and sanitized after each use at the Therapy Connection. “My job is life changing. I never know when a kid will hug me or someone will say to me that I am doing a great job” Sydney said with a big smile on her face. The level of enthusiasm and gratitude she expresses is heartwarming. Sydney’s supervisor Maria shared, “It is so refreshing to have someone who loves being at work and wants to work. I feel that I have all the support I need from LifePath. Sydney’s job coach stays in touch and if there is ever any issue, I know that I can call.”

Many dreams came true as a result of Sweet Dreams. Sydney is working to overcome her own disabilities while giving back by helping children who struggle with disabilities. For her parents, they can slowly let go of some of the worries about their daughter’s future. Sydney has become a contributing, taxpaying member of society.

For all of us who dream of a better life for our children, it gives us hope.

Shama Shams
DEVELOPMENT DIRECTOR
Where Help & Hope go hand in hand.

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www.lifepathsystems.org
www.lifepathfoundation.org