Coming Soon! New McKinney Behavioral Health Clinic

We are pleased to announce the McKinney Behavioral Health Clinic will be moving from 1416 Church Street to 1515 Heritage Drive by the end of April 2016.

We are working hard to get the New McKinney Behavioral Health Clinic ready for you!

Important Update: After-hours Crisis Clinic in Plano is Open!

LifePath Systems After-Hours Crisis Clinic for Collin County Behavioral Health Clients opened this week after much planning (and a considerable wait on final approval from the state). We see this as our second major step after the facilities expansions toward implementation of LifePath Systems as the new behavioral health authority and believe it will be a great benefit for the community.

Hours: Monday-Friday  6:00 p.m. – 9:00 p.m.
Saturday       12:00 p.m. – 5:00 p.m.
(check in for last appointment is one hour before close)

Key Staff: Psychiatrist and/or Advanced Nurse Practitioner, Licensed Counselor, Qualified Mental Health Professional, Nurse and support staff. All staff present will be trained in dealing with psychiatric crises and emergencies.

Process: Walk in

Who to Refer: Individuals who are in a crisis and require crisis interventions and/or psychiatric services in order to prevent a higher level of care. However individuals who are a danger to themselves or others or who require immediate medical assistance should continue to call 911.

Location: 7308 Alma, Plano, TX 75025

Thank you in advance for telling others about this new resource for Collin County. If you have questions about how the clinic works, call Brad Negrete, Crisis Services Program Administrator at (972) 422-5939.
A requirement of the Performance Contract that LifePath Systems will have with the Department of State Health Services beginning January 1, 2017 is to have a Planning and Network Advisory Committee (PNAC). This committee will be actively involved in the development of the Consolidated Local Service Plan and the Provider Network Development Plan.

Membership must be comprised of at least 50% clients or family members of clients. Members must be objective and avoid even the appearance of conflicts of interest in performing the responsibilities of the committee. Quarterly meetings will be held to discuss issues on a variety of topics that impact service delivery, network expansion, evaluation and development.

LifePath Systems is now accepting applications from individuals with an interest in the issues of behavioral health (mental health and substance abuse). Applications are reviewed and must be approved by the LifePath Systems’ Board of Trustees.

If you are interested in joining our Behavioral Health PNAC, please contact Pete Kabira, Assistant Director of Behavioral Health Authority Services at pkabira@lifepathsystems.org to request an application.

Your Input, Questions And Suggestions Are Important!

Mental health and substance abuse services are a significant need in our county. There is a great chance we each know or love someone affected by these issues.

LifePath Systems invites community member input and wants your help in designing the best system possible. We value your time and will only call meetings when we have real issues to consider.

For the first few months, we will be working with the State and with other centers to establish the basic elements of the new system that are required by the Department of State Health Services contract. For details on the DSHS 2016 Performance Contract visit: http://www.dshs.state.tx.us/mhcontracts/FY-2016-Performance-Contract.aspx

In the meantime, we welcome your input, questions and suggestions. You can contact us at the following email address: LBHA_2017@lifepathsystems.org.
This month, we have continued our planning sessions with our designated Department of State Health Services (DSHS) Transition Team.

One major focus has been trying to access data from DSHS for historical numbers of indigent and Medicaid Collin County residents who received behavioral health services in 2013, 2014 and 2015. This data is critical for our ability to plan for service needs and to allocate resources appropriately for the coming fiscal year. Unfortunately there has been a delay in accessing this key data due to legal complications on the State’s side. A Memorandum of Understanding is currently being developed to speed along the process of releasing this important information from DSHS to LifePath Systems.

Another important number we have been trying to attain from DSHS is the performance target that will be required to serve under the mental health contract for Collin County. This information is essential so that we may begin the procurement process for developing a provider network. There have been ongoing delays in acquiring this number as well from the State.

Additional topics we have been working on with DSHS include clarification on the budgeted funds for supported housing and how these funds may be utilized; clarification on the use of general revenue adult funds versus general revenue children’s funds; clarification on the use of crisis redesign funds; discussions on the potential to bring outpatient competency restoration services to Collin County; preliminary state hospital allocation beds for Collin County; and the substance abuse service array and how these funds are allocated based on statewide trends versus NorthSTAR trends. We have also been working on establishing data reporting processes for clinical data and encounters between the newly established LBHA and DSHS.

Considerable progress has been made on developing the crisis response system. In addition to work on the facility for a crisis evaluation center, staff are meeting with police departments throughout the county, writing procedures for the mobile crisis team and beginning operation of the after hours crisis clinic. Information on that new clinic is included on the cover page of this newsletter.
NAMI CONNECTIONS

A support group for persons living with mental illness

Every Thursday (except holidays)
6:30 p.m. to 8:30 p.m.

Custer Road United Methodist Church
6601 Custer Road, Plano
Basement Floor Room B-6

NAMI FAMILY SUPPORT

A support group for relatives and loved ones with mental illness

Every Thursday (except holidays)
6:30 p.m. to 8:30 p.m.

Custer Road United Methodist Church
6601 Custer Road, Plano
Basement Floor Room B-1
Prosumers of Collin County
Monthly Meeting

Tuesday
April 5th, 2016
12:00 - 3:00 pm
Cross Bend Christian Church
901 Cross Bend Rd
Plano, TX 75023
-Lunch Provided-

Everyone is welcome to attend!!

Learning to Laugh Again

Have you noticed many people seem to have lost the ability to laugh? I am talking about the hearty, from the belly, fully expressed laugh. While we may express laughter once in a while, how do we get laughter back in our lives again? Also learn about all the health benefits to laughing. As you know, this will be a fun topic and sure to induce a lot of laughs. Don’t miss this one. We are going to have so much fun!!

RSVP online www.ProsumersInternational.org

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Tami 1-800-577-3795 x 803
Sweet Dreams

Save the Date

Make a Sweet Difference ...

Thursday, April 7, 7 - 9 p.m.

NEW LOCATION: event1013
1013 E. 15th Street - Plano, TX 75074

$35 per person

Join us for an evening of delicious desserts, live music, prize drawings and making dreams come true.

For more information visit www.lifepathfoundation.org.

Proceeds from Sweet Dreams will benefit the LifePath Systems' Behavioral Health Division and its Dental Assistance Program. Because everyone needs a reason to smile!