## Form O

# Consolidated Local Service Plan

Local Mental Health Authorities and Local Behavioral Health Authorities

#### **Fiscal Years 2020-2021**

Due Date: September 30, 2020 Submissions should be sent to:

Performance.Contracts@hhsc.state.tx.us and CrisisServices@hhsc.state.tx.us

#### **Contents**

Intro	oduction	3
	n I: Local Services and Needs	
I.A	Mental Health Services and Sites	4
I.B	Mental Health Grant Program for Justice Invovled Individuals	. 11
I.C	Community Mental Health Grant Progam	
I.D	Community Participation in Planning Activities	. 14
Sectio	n II: Psychiatric Emergency Plan	. 19
II.A	Development of the Plan	. 20
II.B	Utilization of Hotline, Role of Mobile Crisis Outreach Teams, and Crisis Response Process	. 20
	Plan for local, short-term management of pre- and post-arrest patients who are incompetent to d trial	. 28
II.D	Seamless Integration of emergent psychiatric, substance use, and physical healthcare treatment	: 41
II.E	Communication Plans	. 42
II.F	Gaps in the Local Crisis Response System	. 43
Sectio	n III: Plans and Priorities for System Development	. 44
III.A	Jail Diversion	. 44
III.B	Other Behavioral Health Strategic Priorities	. 49
III.C	C Local Priorities and Plans	. 57
	System Development and Identification of New Priorities	
Appen	dix A: Levels of Crisis Care	. 27
Appen Acrony	dix B: /ms	.29

#### Introduction

The Consolidated Local Service Plan (CLSP) encompasses all service planning requirements for local mental health authorities (LMHAs) and local behavioral health authorities (LBHAs). The CLSP has three sections: Local Services and Needs, the Psychiatric Emergency Plan, and Plans and Priorities for System Development.

The CLSP asks for information related to community stakeholder involvement in local planning efforts. The Health and Human Services Commission (HHSC) recognizes that community engagement is an ongoing activity and input received throughout the biennium will be reflected in the local plan. LMHAs and LBHAs may use a variety of methods to solicit additional stakeholder input specific to the local plan as needed. In completing the template, please provide concise answers, using bullet points. Only use the acronyms noted in Appendix B and language that the community will understand as this document is posted to LMHAs and LBHAs' websites. When necessary, add additional rows or replicate tables to provide space for a full response.

#### **Section I: Local Services and Needs**

#### I.A Mental Health Services and Sites

- In the table below, list sites operated by the LMHA or LBHA (or a subcontractor organization) providing mental health services regardless of funding. Include clinics and other publicly listed service sites. Do not include addresses of individual practitioners, peers, or individuals that provide respite services in their homes.
- Add additional rows as needed.
- List the specific mental health services and programs provided at each site, including whether the services are for adults, adolescents, and children (if applicable):
  - o Screening, assessment, and intake
  - Texas Resilience and Recovery (TRR) outpatient services: adults, adolescents, or children
  - Extended Observation or Crisis Stabilization Unit
  - o Crisis Residential and/or Respite
  - Contracted inpatient beds
  - Services for co-occurring disorders

- Substance abuse prevention, intervention, or treatment
- Integrated healthcare: mental and physical health
- Services for individuals with Intellectual Developmental Disorders(IDD)
- Services for youth
- Services for veterans
- Other (please specify)

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
LifePath Systems Plano Outpatient Clinic (LBHA)	7308 Alma Dr. Plano, TX 75025	Collin	<ul> <li>Screening, assessment, &amp; intake for adults, children, and adolescents</li> <li>Texas Resilience and Recovery (TRR) outpatient services for adults, children, and adolescents</li> <li>Family partner services</li> </ul>

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			<ul> <li>Services for co-occurring disorders for adults, children, and adolescents</li> <li>Substance use outreach, screening, assessment, and referral for adults and adolescents (OSAR)</li> <li>Peer support recovery for adults</li> <li>YES Waiver/Wrap around services for children and adolescents</li> <li>Jail diversion and TCOOMMI services</li> <li>Community based crisis intervention and outreach</li> <li>Supported Housing and Supported Employment services for adults</li> <li>Consumer Benefits Services</li> <li>Pharmacy and prescription assistance program (PAP) services for adults, children, and adolescents</li> <li>Smoking cessation services for adults</li> <li>Outpatient Substance Use Disorder services for adults</li> <li>Laboratory Services/Phlebotomy</li> <li>Care Coordination</li> <li>Psychiatric medication management</li> </ul>
LifePath Systems McKinney Outpatient Clinic (LBHA)	1515 Heritage Dr., Ste 110 & 105 McKinney, TX 75069	Collin	<ul> <li>Screening, assessment, &amp; intake for adults, children, and adolescents</li> <li>Texas Resilience and Recovery (TRR) outpatient services for adults, children, and adolescents</li> <li>Family partner services</li> <li>Services for co-occurring disorders for adults and children</li> </ul>

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			<ul> <li>Substance use outreach, screening, assessment, and referral for adults and adolescents (OSAR)</li> <li>Peer support recovery for adults</li> <li>YES Waiver/Wrap around services for children and adolescents</li> <li>Jail diversion and TCOOMMI services</li> <li>Community based crisis intervention and outreach</li> <li>Supported Housing and Supported Employment services for adults</li> <li>Consumer Benefits services</li> <li>Pharmacy and prescription assistance program (PAP) services for indigent adults, children, and adolescents</li> <li>Smoking cessation services for adults</li> <li>Outpatient substance use disorder services for adults</li> <li>Laboratory Services/phlebotomy</li> <li>Psychiatric medication management</li> </ul>
LifePath Systems The Legan Place	209 N. Benge McKinney, TX 75069	Collin	<ul> <li>Coordinated Specialty Care (CSC) program</li> <li>Outpatient Jail Diversion and TCOOMMI Programs</li> <li>Family Partner (CSC)</li> <li>Peer Support (Diversion and CSC)</li> <li>Psychiatric medication management (CSC)</li> <li>Screening, assessment, and intake (CSC)</li> <li>Texas Resilience and Recovery (TRR) outpatient services for adults, children, and adolescents (CSC and Diversion)</li> <li>Services for co-occurring disorders for adults and children (CSC and Diversion)</li> </ul>

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			<ul> <li>Supported Housing and Supported Employment (CSC and Diversion)</li> <li>Supported Employment and Education (CSC)</li> <li>Smoking cessation services (CSC and Diversion)</li> </ul>
LifePath Systems—C&A	8200 Stonebrook Parkway, Frisco, TX 75034	Collin	<ul> <li>Texas Resilience and Recovery (TRR) outpatient services for children and adolescents</li> <li>YES Waiver / wraparound services for children and adolescents</li> <li>Family partner services</li> <li>Services for co-occurring disorders for children and adolescents</li> <li>Youth Peer Support</li> </ul>
LifePath Systems—Adult Intensive Services	5509 Pleasant Valley Plano, TX 75034	Collin	<ul> <li>Texas Resilience and Recovery (TRR) outpatient services for adults</li> <li>Peer Support</li> <li>ACT</li> <li>Psychiatric Medication Mgmt (Tele-video)</li> <li>Services for co-occurring disorders for adults</li> </ul>
LifePath Systems Crisis Respite Unit/Extended Observation Unit (LBHA)	1416 N Church St. McKinney, TX 75069	Collin	<ul> <li>Voluntary outpatient crisis respite services for adults, including medication management, skills training/psychosocial rehab, and peer support</li> <li>Involuntary and/or voluntary 48-hour extended observation for adults, including medication management, counseling, case management, and psychosocial rehab</li> </ul>
Child and Family Guidance Center (contractor)	4031 W Plano Pkwy, Ste 211 Plano, TX 75093	Collin	<ul> <li>Screening, assessment, &amp; intake for adults, children, and adolescents</li> <li>Psychiatric medication management</li> <li>Texas Resilience and Recovery (TRR) outpatient</li> </ul>

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			<ul> <li>services for adults, children, and adolescents</li> <li>Services for co-occurring disorders for adults, children, and adolescents</li> <li>Family partner services</li> </ul>
The Wood Group (contractor)	3610 Barnett Rd. Wichita Falls, TX 76310	Wichita	<ul> <li>Provides psych tech staffing for LPS Crisis Respite Unit (CRU) and Extended Observation Unit (EOU) for adults only at the Crisis Center: 1416 N. Church St., McKinney, TX 75069</li> </ul>
TMC Behavioral Health Center(contractor)	2601 Cornerstone Drive Sherman, TX 75092	Grayson	Contracted inpatient beds for adults and adolescents
Glen Oaks Hospital (contractor)	301 East Division Street Greenville, TX 75401	Hunt	Contracted inpatient beds for adults only
Dallas Behavioral Health Hospital (contractor)	800 Kirnwood Drive Desoto, TX 75115	Dallas	Contracted inpatient beds for children, adolescents, and adults
Garland Behavioral Hospital (contractor)	2300 Marie Curie Blvd #5, Garland, TX 75042	Dallas	Contracted inpatient beds for adults only
Methodist Richardson Medical Center (contractor)	2831 E President George Bush Hwy., Richardson, TX, 75082	Dallas	Contracted inpatient beds for adults only
Haven Behavioral Hospital (contractor)	5680 Frisco Square Blvd, Suite 3300, Frisco, TX 75034	Collin	Contracted inpatient beds for children, adolescents, and adults
MHMR Tarrant, ICARE Call Center (contractor)	3840 Hulen Street, North Tower Fort Worth, TX 76107	Tarrant	• 24/7 Crisis hotline contract

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
GraceToChange LLC (contractor)	1216 N Central Expressway Ste #104 McKinney, TX 75070	Collin	Outpatient substance use services contract for youth and adults
Homeward Bound Inc. (contractor)	P.O. Box 222194 Dallas, TX 75222 (New location pending)	Dallas	Detox and intensive residential substance use services contract for adults only
Imagine Programs LLC (contractor)	1947 K Ave, Ste A 100 Plano, TX 75074	Collin	Outpatient substance use services contract for youth and adults
Nexus Recovery Center Inc. (contractor)	8733 La Prada Drive Dallas, TX 75228	Dallas	Detox and intensive residential substance use services contract for youth and adult women only
Turtle Creek Manor Inc. (contractor)	2707 Routh St. Dallas, TX 75201	Dallas	Intensive residential substance use services contract for adult only
MedPro(contractor)	405 N McDonald Ste. B, McKinney, TX 75069	Collin	Contracted methadone treatment provider (OTS)
West Texas Counseling & Rehabilitation(contractor)	1108 Dobie Dr Ste 102, Plano, TX 75074	Collin	Contracted methadone treatment provider (OTS)
Noor Gajraj, MD(contractor)	3108 Midway Rd. #206, Plano, TX 75093	Collin	Contracted methadone treatment provider (OBOT)
ManeGait(contractor)	3160 N. Custer Road McKinney, TX 75071	Collin	Animal Assisted Therapy (YES)
Spirit Song Equestrian Academy (contractor)	805 Spirit Song Way Anna, TX 75409	Collin	Animal Assisted Therapy (YES)
Nazanin Ahmady	6765 Half Main St.	Collin	Art Therapy (YES)

Operator	Street Address,	County	Services & Target Populations Served
(LMHA/LBHA or	City, and Zip,		get special get
Contractor Name)	<b>Phone Number</b>		
(contractor)	Frisco, TX 75034		
Etheridge, Chelsea		Collin	Art Therapy (YES)
(contractor)			
Inatomi, Sarah		Collin	Art Therapy (YES)
(contractor)			
North Star Therapy	1400 Preston Road,	Collin	Music Therapy (YES)
(contractor)	Ste. 400		
	Plano, TX 75093		
Complete Therapies, L.L.C.	3941 Legacy Drive,	Collin	• Rec Therapy (YES)
(contractor)	Suite 204-B202		
	Plano, TX 75023		
Nathalie Martinez		Collin	Rec Therapy (YES)
(contractor)		Comm	• Rec Therapy (TES)
Complete Treatment LLC	4711 Belladonna Ct.,	Collin	Art, Music, and Rec Therapy (YES)
(contractor)	Mansfield TX 76063	Comm	Art, Music, and Rec Therapy (TES)
	Tarrant County		
Clinical Pathology	4555 Excel Parkway	Collin	Lab services, C&A and Adult
Laboratories (contractor)	#300		,
	Addison, TX 75001		
	Dallas County		
Integrated Prescription	516 Denver St., Ste.	Collin	PBM, C&A and Adult
Management, Inc.	200,		
(contractor)	Wichita Falls, TX		
	76301		
	Wichita County		
East Texas Behavioral	2001 South Medford	Collin	Tele-psychiatry, C&A and Adult, Crisis afterhours
Healthcare Network	Drive		and weekends
(contractor)	Lufkin, TX 75901		
	Angelina County		

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Language Line Solutions	1 Lower Ragsdale Dr.	Collin	Translation services
(contractor)	Monterey, CA 93940		
	Monterey County		

#### I.B Mental Health Grant Program for Justice Involved Individuals

The Mental Health Grant Program for Justice-Involved Individuals is a grant program authorized by Senate Bill (S.B.) 292, 85th Legislature, Regular Session, 2017, to reduce recidivism rates, arrests, and incarceration among individuals with mental illness, as well as reduce the wait time for individuals on forensic commitments. These grants support community programs by providing behavioral health care services to individuals with a mental illness encountering the criminal justice system and facilitate the local cross-agency coordination of behavioral health, physical health, and jail diversion services for individuals with mental illness involved in the criminal justice system.

In the table below, describe the LMHA or LBHA S.B. 292 projects; indicate N/A if the LMHA or LBHA does not receive funding. Add additional rows if needed.

Fiscal	Project Title (include brief description)	County(s)	Population	Number
Year			Served	Served per
				Year

Fiscal Year	Project Title (include brief description)	County(s)	Population Served	Number Served per Year
FY20- 21	Crisis Transportation	Collin	Individuals with SMI who are also involved with the criminal justice system in need of transportatio n to and from MH appointments and legal appointments	50
FY20- 21	Diversion Field Based Team	Collin	Individuals with SMI who are also involved with the criminal justice system in need of intensive field-based MH services	50
FY20- 21	Diversion Inpatient Psychiatric Beds/Facility-based crisis	Collin	Individuals with SMI as well as involved with criminal justice system in a psychiatric crisis	50

## I. C Community Mental Health Grant Program - Projects related to Jail Diversion, Justice Involved Individuals, and Mental Health Deputies

The Community Mental Health Grant Program is a grant program authorized by House Bill (H.B.) 13, 85th Legislature, Regular Session, 2017. H.B. 13 directs HHSC to establish a state-funded grant program to support communities providing and coordinating mental health treatment and services with transition or supportive services for persons experiencing mental illness. The Community Mental Health Grant Program is designed to support comprehensive, data-driven mental health systems that promote both wellness and recovery by funding community-partnership efforts that

provide mental health treatment, prevention, early intervention, and/or recovery services, and assist with persons with transitioning between or remaining in mental health treatment, services, and supports.

In the table below, describe the LMHA or LBHA H.B. 13 projects related to jail diversion, justice involved individuals and mental health deputies; indicate N/A if the LMHA or LBHA does not receive funding. Add additional rows if needed.

Fiscal Year	Project Title (include brief description)	County	Population Served	Number Served per Year
FY20	Co-occurring Disorders Program	Collin	Adults with co- occurring MH/SUD disorders	164 unique individuals in FY20 (unduplicated target per month: 45)
FY21	Did not received funding			

#### I.D Community Participation in Planning Activities

Identify community stakeholders who participated in comprehensive local service planning activities.

#### **Stakeholder Type Stakeholder Type** ✓ Consumers √ Family members ✓ Advocates (children and adult) ✓ Concerned citizens/others ✓ Local psychiatric hospital staff ✓ State hospital staff \*List the psychiatric hospitals that \*List the hospital and the staff that participated: participated: Haven Behavioral • TSH Glen Oaks Hospital • Texoma Behavioral Health Methodist Richardson Medical Garland Behavioral

Stakeholder Type	Stakeholder Type
<ul><li>Dallas Behavioral</li><li>Carrolton Springs</li><li>Wysong (Medical City McKinney)</li><li>Perimeter Behavioral Health</li></ul>	
✓ Mental health service providers	✓ Substance abuse treatment providers
✓ Prevention services providers	<ul> <li>Outreach, Screening, Assessment, and Referral Centers</li> </ul>
✓ County officials	✓ City officials
<ul> <li>*List the county and the official name and title of participants:</li> <li>Chris Hill, Collin County Judge</li> <li>Bill Bilyeu, Collin County Administrator</li> <li>Darrell Hale, Colling County Commissioner</li> <li>Duncan Webb, Collin County Commissioner</li> <li>Cheryl Williams, Collin County Commissioner</li> <li>Susan Fletcher, Collin County</li> </ul>	*List the city and the official name and title of participants:  • George Fuller, City of McKinney Mayor
Commissioner  ✓ Federally Qualified Health Center and other primary care providers	<ul> <li>✓ Local health departments</li> <li>✓ LMHAs/LBHAs</li> <li>*List the LMHAs/LBHAs and the staff that participated:</li> <li>Jessica Martinez, NTBHA</li> </ul>

Stakeholder Type	Stakeholder Type
<ul> <li>✓ Hospital emergency room personnel</li> <li>✓ Faith-based organizations</li> <li>✓ Probation department representatives</li> <li>✓ Court representatives (Judges, District Attorneys, public defenders)</li> <li>*List the county and the official name and title of participants:         <ul> <li>Alyse Ferguson, Chief Attorney, Indigent Defense</li> <li>Judge Weldon Copeland, Probate Court</li> <li>Greg Willis, Collin County District Attorney</li> </ul> </li> </ul>	<ul> <li>✓ Emergency responders</li> <li>✓ Community health &amp; human service providers</li> <li>✓ Parole department representatives</li> <li>✓ Law enforcement         *List the county/city and the official name and title of participants:         <ul> <li>Chief Ed Drain, Plano Chief of Police</li> <li>Nicole Bowers, Mental Health Coordinator, Plano Police Department</li> <li>Sergeant Charles Heasley, Plano Police Department</li> <li>Officer Terry Qualls, Crisis Intervention Coordinator, McKinney Police Department</li> <li>Chief Anthony Henderson, Wylie Chief of Police</li> <li>Chief Doug Kowalkski, Prosper Chief of Police</li> <li>Terry McCraw, Collin County Sheriff Department</li> <li>Captain Mitch Selman, Collin County Sheriff's Department</li> <li>Officer Felix Cauhape, Allen Police Department</li> <li>Sergeant Billy McIntosh, Wylie Police</li> </ul> </li> </ul>

Stakeholder Type	Stakeholder Type
	<ul> <li>Department</li> <li>Sergeant Lee Holland, Crisis Team Coordinator, Frisco Police Department</li> <li>Officer Erin Hubbard, Prosper Police Department</li> </ul>
✓ Education representatives	√ Employers/business leaders
✓ Planning and Network Advisory Committee	√ Local consumer peer-led organizations
✓ Peer Specialists	✓ IDD Providers
✓ Foster care/Child placing agencies	✓ Community Resource Coordination Groups
√ Veterans' organizations	□ Other:

Describe the key methods and activities used to obtain stakeholder input over the past year, including efforts to ensure all relevant stakeholders participate in the planning process.

- Bi-monthly law enforcement and hospital collaborative meetings
- Monthly meetings with inpatient contracted providers
- Bi-monthly meetings with outpatient contracted providers
- Collaborative programming with law enforcement and community stakeholders in grant development
- Needs assessment surveys for the community and individuals/families served
- Bi-monthly PNAC meetings
- Comment forms available in each reception area reviewed by mgmt. for potential action
- Monthly Texas SOC Governance Board meetings

List the key issues and concerns identified by stakeholders, including <u>unmet</u> service needs. Only include items raised by multiple stakeholders and/or had broad support.

- Housing options—affordable housing, shelters/transitional housing, emergency housing assistance
- Behavioral health crisis options in lieu of emergency departments or police response
- Timely access to psychiatric prescribers and medication (for individuals with and without insurance)
- Integrated Health Care
- Immediate access to free/affordable detox and residential treatment
- Community education programs and trainings on behavioral health issues
- Access to peer supported programs (ie Clubhouses)
- Access to public transportation

#### **Section II: Psychiatric Emergency Plan**

The Psychiatric Emergency Plan is intended to ensure stakeholders with a direct role in psychiatric emergencies have a shared understanding of the roles, responsibilities, and procedures enabling them to coordinate efforts and effectively use available resources. The Psychiatric Emergency Plan entails a collaborative review of existing crisis response activities and development of a coordinated plan for how the community will respond to psychiatric emergencies in a way that is responsive to the needs and priorities of consumers and their families. The planning effort also provides an opportunity to identify and prioritize critical gaps in the community's emergency response system.

The following stakeholder groups are essential participants in developing the Psychiatric Emergency Plan:

- Law enforcement (police/sheriff and jails)
- Hospitals/emergency departments
- Judiciary, including mental health and probate courts
- Prosecutors and public defenders
- Other crisis service providers (to include neighboring LMHAs and LBHAs)
- Users of crisis services and their family members
- Sub-contractors

Most LMHAs and LBHAs are actively engaged with these stakeholders on an ongoing basis, and the plan will reflect and build upon these continuing conversations.

Given the size and diversity of many local service areas, some aspects of the plan may not be uniform across the entire service area. *If applicable, include separate answers for different geographic areas to ensure all parts of the local service area are covered.* 

#### **II.A Development of the Plan**

Describe the process implemented to collaborate with stakeholders to develop the Psychiatric Emergency Plan, including, but not limited to, the following:

Ensuring all key stakeholders were involved or represented, to include contractors where applicable;

 Bi-monthly group collaborative LE/hospital meetings; offering monthly individual contractor meetings for PPB contractors; bi-monthly contractor meetings for outpatient MH and SUD contractors; OSAR quarterly calls; bi-monthly PNAC; monthly SOC governance board meetings

Ensuring the entire service area was represented; and

- Frequent communication and invites to collaborative meetings for all areas of Collin County to include: service providers, ISDs, and Law Enforcement
- Soliciting input.
- Quarterly satisfaction surveys for individuals served and their families; annual community needs survey for stakeholders, community members, and individuals/families served offered hardcopy and electronically; comment boxes available in each reception location

## II.B Utilization of the Crisis Hotline, Role of Mobile Crisis Outreach Teams (MCOT), and the Crisis Response Process

1. How is the Crisis Hotline staffed?

#### During business hours

• 24/7 with Qualified Mental Health Professionals and LPHAs through iCare--Tarrant County MHMR

#### After business hours

• 24/7 with Qualified Mental Health Professionals and LPHAs through iCare--Tarrant County MHMR

#### Weekends/holidays

- 24/7 with Qualified Mental Health Professionals and LPHAs through iCare--Tarrant County MHMR
- 2. Does the LMHA/LBHA have a sub-contractor to provide the Crisis Hotline services? If, yes, please list the contractor:
  - Yes. iCare, MHMR Tarrant
- 3. How is the MCOT staffed?

#### During business hours

Monday through Friday, 7a-3p with 4 QMHP and 1 LPHA; 1 QMHP during swing shift 11a-7p

#### After business hours

- Monday through Friday, 3p-11p with 3 QMHP and 1 LPHA; 11p-7a 3 QMHP, 1 LPHA Weekends/holidays
- Saturday/Sunday 7a-7p with 2 QMHP and 1 LPHA, and 7p-7a with 2 QMHP and 1 LPHA; Holidays are same scheduled shifts.

- 4. Does the LMHA/LBHA have a sub-contractor to provide MCOT services? If yes, please list the contractor:
  - NA
- 5. Provide information on the type of follow up MCOT provides (phone calls, face to face visits, case management, skills training, etc.).
  - MCOT provide follow-up via phone and face-to-face, as well as coordination and connection to ongoing services for skills training, case mgmt., and/or psychiatric medication mgmt..
- 6. Do emergency room staff and law enforcement routinely contact the LMHA/LBHA when an individual in crisis is identified? If so, please describe MCOT's role for:

#### **Emergency Rooms:**

• Emergency departments initiate need for crisis assessment by first calling LifePath's crisis hotline. The hotline will complete a brief crisis assessment and collect demographic data and then pass onto LifePath's MCOT team for further evaluation and assessment (either phone, tele-video, or face-to-face). COVID health screenings initiated prior to all face to face assessments.

#### Law Enforcement:

 Law enforcement have the option to initiate crisis assessment via the crisis hotline or MCOT Team Lead on-call phone and can be dispatched to the location of the officer or provide tele-video assessment. COVID health screenings initiated prior to all face to face assessments.

- 7. What is the process for MCOT to respond to screening requests at state hospitals, specifically for walkins?
  - To date, LifePath has not had a request from Terrell State Hospital for a walk-in crisis screening. This can be accommodated via tele-video assessment if allowed by TSH.
- 8. What steps should emergency rooms and law enforcement take when an inpatient level of care is needed?

#### During business hours:

• Initiate crisis assessment via crisis hotline for MCOT assessment and recommendation/coordination of placement.

#### After business hours:

• Initiate crisis assessment via crisis hotline for MCOT assessment and recommendation/coordination of placement.

#### Weekends/holidays:

- Initiate crisis assessment via crisis hotline for MCOT assessment and recommendation/coordination of placement.
- 9. What is the procedure if an individual cannot be stabilized at the site of the crisis and needs further assessment or crisis stabilization in a facility setting?
  - Individuals needing further assessment or stabilization will be transported to the nearest ER and temporarily remain in the care of the designated hospital until coordination into LifePath's crisis center or contracted hospital bed occurs.
- 10. Describe the community's process if an individual requires further evaluation and/or medical clearance.

- Individuals needing further assessment or stabilization will be transported to the nearest ER and temporarily remain in the care of the designated hospital until coordination into LifePath's crisis center or contracted hospital bed occurs.
- 11. Describe the process if an individual needs admission to a psychiatric hospital.
  - If MCOT determines least restrictive environment to be inpatient psychiatric
    hospitalization, assessment and hospital records of the individual are sent via Xferral to
    contracted facilities for potential review and placement. If accepted, the emergency
    department and contracted facility will coordinate MOT.
- 12. Describe the process if an individual needs facility-based crisis stabilization (i.e., other than psychiatric hospitalization and may include crisis respite, crisis residential, extended observation, or crisis stabilization unit).
  - If MCOT determines least restrictive environment to be facility based crisis stabilization (ie LifePath's EOU or CRU), assessment and/or hospital records of the individual are sent via Xferral to LifePath's crisis center nursing staff for review, placement, and MOT (if individual is at an emergency department). If MCOT completes a community-based assessment or walk-in assessment, coordination occurs through MCOT Lead and Crisis Center LPHA or Nursing.
- 13. Describe the process for crisis assessments requiring MCOT to go into a home or alternate location such as a parking lot, office building, school, under a bridge or other community-based location.
  - Until COVID, LifePath's MCOT team would be dispatched in pairs to community locations or residences. Preferred method of assessments are not tele-video options for crisis assessments and MCOT will work with the individual, family, LE, or other community member to initiate tele-options (ie zoom, facetime, or audio-only).
- 14. If an inpatient bed at a psychiatric hospital is not available:

#### Where does the individual wait for a bed?

- While waiting for a bed, the individual can be taken to a hospital ER in the county where they will remain or be temporarily admitted to the hospital at the hospital's discretion. If deemed appropriate by MCOT, the individual may also be taken to the EOU.
- 15. Who is responsible for providing ongoing crisis intervention services until the crisis is resolved or the individual is placed in a clinically appropriate environment at the LMHA/LBHA?
  - The MCOT team, along with the hospital treatment team, is responsible for providing continued crisis intervention services during this time. If the individual is in the ER or hospital psych bed, the hospital is responsible for treatment and stabilization. If the individual stabilizes while at the hospital, before being admitted inpatient, then they may be considered for the CRU or the outpatient clinic. If the individual is in LBHA Crisis Center, then LifePath Systems staff are responsible for treatment and stabilization. And if the individual is in the community, then MCOT will be responsible to provide continued crisis intervention services including coordinating individual to get to the ER. While in the hospital, the hospital physician has the ability to make final determinations regarding the need for inpatient level of care.
- 16. Who is responsible for transportation in cases not involving emergency detention?
  - The MCOT team will provide transport when it is safe to do so from the community to the hospital. In the event that safety concerns arise, the MCOT team will facilitate transport to the hospital via law enforcement or EMS. Once at the hospital, the hospital will coordinate transportation for inpatient care. In the event that the individual is released to a lower level of care (i.e. Crisis Center or LPS Outpatient Clinic) MCOT will coordinate with hospital staff to coordinate the best method for transport.

#### **Crisis Stabilization**

What alternatives does the local service area have for facility-based crisis stabilization services (excluding inpatient services)? Replicate the table below for each alternative.

Name of Facility	LifePath Systems Crisis Center
Location (city and county)	McKinney, TX/ Collin County
Phone number	972-562-9658
Type of Facility (see Appendix A)	Crisis Respite Unit
Key admission criteria (type of individual accepted)	Voluntary; low risk of harm to self or others; medically stable
Circumstances under which	Suspected untreated chronic medical conditions; substance use or
medical clearance is required	abuse that is suspected to cause more than mild impairment
before admission	
Service area limitations, if any	Collin County
Other relevant admission	All referrals and admissions are coordinated through MCOT via the
information for first responders	crisis hotline.
Accepts emergency detentions?	No
Number of Beds	14 at full capacity (currently at 7 due to COVID)
Name of Facility	LifePath Systems Crisis Center
Location (city and county)	McKinney, TX/ Collin County
Phone number	972-562-9658
Type of Facility (see Appendix A)	Extended Observation Unit
Key admission criteria (type of	Voluntary or involuntary; moderate to high psychiatric symptoms;
individual accepted)	medically stable
Circumstances under which	Recent use of emergency medications to manage behavioral health
medical clearance is required	symptoms; physically aggressive behaviors; untreated chronic
before admission	medical conditions; substance use or abuse that is suspected to

	cause more than moderate impairment or be at risk for detox
Service area limitations, if any	Collin County
Other relevant admission	All referrals and admissions are coordinated through MCOT via the
information for first responders	crisis hotline.
Accepts emergency detentions?	Yes
Number of Beds	8 at full capacity (currently at 5 due to COVID)

#### **Inpatient Care**

What alternatives to the state hospital does the local service area have for psychiatric inpatient care for uninsured or underinsured individuals? Replicate the table below for each alternative.

Name of Facility	Texoma Medical Center Behavioral Health Center
Location (city and county)	Sherman, TX/Grayson County
Phone number	903.416.3000
Key admission criteria	Adult and adolescents 13 and older experiencing MH and/or co-
	occurring MH and SUD symptoms that pose immediate threat to
	self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Accepts lobby walk-ins, but generally admits occur through
information for first responders	emergency department; admissions must go through medical
	clearance
Number of Beds	Max 11/day PPB funding/PESC/SB292 funding
Is the facility currently under	Yes
contract with the LMHA/LBHA to	
purchase beds?	
If under contract, is the facility	Yes
contracted for rapid crisis	
stabilization beds (funded under	
the Psychiatric Emergency	

Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	As needed
If under contract, what is the bed day rate paid to the contracted facility?	\$615
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	NA
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA

Name of Facility	Glen Oaks Hospital
Location (city and county)	Greenville, TX/Greenville County
Phone number	903.454.6000
Key admission criteria	MH and/or co-occurring MH and SUD symptoms that pose
	immediate threat to self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Generally, admits occur through emergency department;
information for first responders	admissions must go through medical clearance
Number of Beds	Max 11/day PPB funding/PESC/SB292 funding
Is the facility currently under	Yes

contract with the LMHA/LBHA to purchase beds?	
If under contract, is the facility	Yes
contracted for rapid crisis	
stabilization beds (funded under	
the Psychiatric Emergency	
Service Center contract or Mental	
Health Grant for Justice-Involved	
Individuals), private psychiatric	
beds, or community mental	
health hospital beds (include all	
that apply)?	
If under contract, are beds	As needed
purchased as a guaranteed set or	
on an as needed basis?	
If under contract, what is the bed	\$595
day rate paid to the contracted	
facility?	
If not under contract, does the	NA
LMHA/LBHA use facility for	
single-case agreements for as	
needed beds?	
If not under contract, what is the	NA
bed day rate paid to the facility	
for single-case agreements?	

Name of Facility	Haven Behavioral
Location (city and county)	Frisco, TX/Collin County
Phone number	469.535.8000
Key admission criteria	Adults and adolescents 13 and older experiencing MH and/or co-
	occurring MH and SUD symptoms that pose immediate threat to

	self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Accepts lobby walk-ins, but generally admits occur through
information for first responders	emergency department; admissions must go through medical
	clearance
Number of Beds	Max 11/day PPB funding/PESC/SB292 funding
Is the facility currently under	Yes
contract with the LMHA/LBHA to	
purchase beds?	
If under contract, is the facility	Yes
contracted for rapid crisis	
stabilization beds (funded under	
the Psychiatric Emergency	
Service Center contract or Mental Health Grant for Justice-Involved	
Individuals), private psychiatric	
beds, or community mental	
health hospital beds (include all	
that apply)?	
If under contract, are beds	As needed
purchased as a guaranteed set or	
on an as needed basis?	
If under contract, what is the bed	\$630
day rate paid to the contracted	
facility?	
If not under contract, does the	NA
LMHA/LBHA use facility for	
single-case agreements for as	
needed beds?	N.A.
If not under contract, what is the	NA
bed day rate paid to the facility	

for single-case agreements?
-----------------------------

Name of Facility	Methodist Richardson Medical Center
Location (city and county)	Richardson, TX/Dallas County
Phone number	469.204.1000
Key admission criteria	Adults experiencing MH and/or co-occurring MH and SUD
	symptoms that pose immediate threat to self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Admits occur through emergency department; admissions must go
information for first responders	through medical clearance
Number of Beds	Max 11/day PPB funding/PESC/SB292 funding
Is the facility currently under	Yes
contract with the LMHA/LBHA to	
purchase beds?	
If under contract, is the facility	Yes
contracted for rapid crisis	
stabilization beds (funded under	
the Psychiatric Emergency	
Service Center contract or Mental	
Health Grant for Justice-Involved	
Individuals), private psychiatric	
beds, or community mental	
health hospital beds (include all	
that apply)?	As peoded
If under contract, are beds	As needed
purchased as a guaranteed set or on an as needed basis?	
	¢620
If under contract, what is the bed	\$630
day rate paid to the contracted	
facility?	

If not under contract, does the	NA
LMHA/LBHA use facility for	
single-case agreements for as	
needed beds?	
If not under contract, what is the	NA
bed day rate paid to the facility	
for single-case agreements?	

Name of Facility	Garland Behavioral Hospital
Location (city and county)	Garland, TX/DallasCounty
Phone number	987.487.5309
Key admission criteria	Adults experiencing MH and/or co-occurring MH and SUD
	symptoms that pose immediate threat to self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Accepts lobby walk-ins, but generally admits occur through
information for first responders	emergency department; admissions must go through medical
	clearance
Number of Beds	Max 11/day PPB funding/PESC/SB292 funding
Is the facility currently under	Yes
contract with the LMHA/LBHA to	
purchase beds?	
If under contract, is the facility	Yes
contracted for rapid crisis	
stabilization beds (funded under	
the Psychiatric Emergency	
Service Center contract or Mental	
Health Grant for Justice-Involved	
Individuals), private psychiatric	
beds, or community mental	
health hospital beds (include all	

that apply)?	
If under contract, are beds	As needed
purchased as a guaranteed set or	
on an as needed basis?	
If under contract, what is the bed	\$630
day rate paid to the contracted	
facility?	
If not under contract, does the	NA
LMHA/LBHA use facility for	
single-case agreements for as	
needed beds?	
If not under contract, what is the	NA
bed day rate paid to the facility	
for single-case agreements?	

Name of Facility	Dallas Behavioral HealthCare Hospital
Location (city and county)	Dallas, TX/Dallas County
Phone number	972.982.0900
Key admission criteria	Children and adults experiencing MH and/or co-occurring MH and
	SUD symptoms that pose immediate threat to self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Accepts lobby walk-ins, but generally admits occur through
information for first responders	emergency department; admissions must go through medical
	clearance
Number of Beds	Max 11/day PPB funding/PESC/SB292 funding
Is the facility currently under	Yes
contract with the LMHA/LBHA to	
purchase beds?	
If under contract, is the facility	Yes
contracted for rapid crisis	
stabilization beds (funded under	

the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	As needed
If under contract, what is the bed day rate paid to the contracted facility?	\$610
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	NA
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA

Name of Facility	Wysong (Medical City Behavioral Health of McKinney)
Location (city and county)	McKinney, TX/Collin County
Phone number	972.547.8888
Key admission criteria	Adults experiencing MH and/or co-occurring MH and SUD
	symptoms that pose immediate threat to self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Generally, admits occur through emergency department;
information for first responders	admissions must go through medical clearance

Number of Beds	80
Is the facility currently under	No
contract with the LMHA/LBHA to	140
purchase beds?	
If under contract, is the facility	NA
contracted for rapid crisis	IVA
stabilization beds (funded under	
the Psychiatric Emergency	
Service Center contract or Mental	
Health Grant for Justice-Involved	
Individuals), private psychiatric	
beds, or community mental	
health hospital beds (include all	
·	
that apply)?	NA
If under contract, are beds	INA
purchased as a guaranteed set or on an as needed basis?	
	NΙΔ
If under contract, what is the bed	NA
day rate paid to the contracted	
facility?	NI-
If not under contract, does the	No
LMHA/LBHA use facility for	
single-case agreements for as	
needed beds?	NIA.
If not under contract, what is the	NA
bed day rate paid to the facility	
for single-case agreements?	

Name of Facility Location (city and county) Phone number Rey admission criteria Service area limitations, if any Other relevant admission information for first responders Number of Beds Is the facility currently under contract with the LMHA/LBHA to  Perimeter Behavioral Hospital of Arlington Arlington, TX/Tarrant County 817.662.6342 Children and adolescents (5 to 17) experiencing MH and/or co-occurring MH and SUD symptoms that pose immediate threat to self or others  Accepts referrals from multiple counties across the state Accepts lobby walk-ins, but generally admits occur through emergency department; admissions must go through medical clearance  Number of Beds Is the facility currently under contract with the LMHA/LBHA to
Phone number  Key admission criteria  Children and adolescents (5 to 17) experiencing MH and/or co- occurring MH and SUD symptoms that pose immediate threat to self or others  Service area limitations, if any Other relevant admission information for first responders  Number of Beds Is the facility currently under contract with the LMHA/LBHA to  Children and adolescents (5 to 17) experiencing MH and/or co- occurring MH and SUD symptoms that pose immediate threat to self or others  Accepts referrals from multiple counties across the state Accepts lobby walk-ins, but generally admits occur through emergency department; admissions must go through medical clearance  Number of Beds Is the facility currently under contract with the LMHA/LBHA to
Key admission criteria  Children and adolescents (5 to 17) experiencing MH and/or co- occurring MH and SUD symptoms that pose immediate threat to self or others  Service area limitations, if any Other relevant admission information for first responders  Number of Beds Is the facility currently under contract with the LMHA/LBHA to  Children and adolescents (5 to 17) experiencing MH and/or co- occurring MH and SUD symptoms that pose immediate threat to self or others  Accepts referrals from multiple counties across the state Accepts lobby walk-ins, but generally admits occur through emergency department; admissions must go through medical clearance no
occurring MH and SUD symptoms that pose immediate threat to self or others  Service area limitations, if any Other relevant admission information for first responders  Number of Beds Is the facility currently under contract with the LMHA/LBHA to  occurring MH and SUD symptoms that pose immediate threat to self or others  Accepts referrals from multiple counties across the state  Accepts lobby walk-ins, but generally admits occur through emergency department; admissions must go through medical clearance
Service area limitations, if any Other relevant admission information for first responders  Number of Beds Is the facility currently under contract with the LMHA/LBHA to  self or others Accepts of the state Accepts lobby walk-ins, but generally admits occur through emergency department; admissions must go through medical clearance no
Service area limitations, if any Other relevant admission information for first responders Number of Beds Is the facility currently under contract with the LMHA/LBHA to  Accepts referrals from multiple counties across the state Accepts lobby walk-ins, but generally admits occur through emergency department; admissions must go through medical no
Other relevant admission information for first responders  Number of Beds  Is the facility currently under contract with the LMHA/LBHA to  Accepts lobby walk-ins, but generally admits occur through emergency department; admissions must go through medical clearance  116  no
information for first responders emergency department; admissions must go through medical clearance  Number of Beds Is the facility currently under contract with the LMHA/LBHA to
Clearance  Number of Beds  Is the facility currently under contract with the LMHA/LBHA to
Number of Beds 116  Is the facility currently under contract with the LMHA/LBHA to
Is the facility currently under contract with the LMHA/LBHA to
contract with the LMHA/LBHA to
·
purchase beds?
If under contract, is the facility na
contracted for rapid crisis
stabilization beds (funded under
the Psychiatric Emergency
Service Center contract or Mental
Health Grant for Justice-Involved
Individuals), private psychiatric
beds, or community mental
health hospital beds (include all
that apply)?
If under contract, are beds na
purchased as a guaranteed set or
on an as needed basis?
If under contract, what is the bed na
day rate paid to the contracted
facility?
If not under contract, does the Yes

LMHA/LBHA use facility for	
single-case agreements for as	
needed beds?	
If not under contract, what is the	\$630
bed day rate paid to the facility	
for single-case agreements?	

Name of Facility	Carrolton Springs Psychiatric Hospital	
Location (city and county)	Carrolton, TX/Dallas County	
Phone number	972.242.4114	
Key admission criteria	Adults experiencing MH and/or co-occurring MH and SUD	
	symptoms that pose immediate threat to self or others	
Service area limitations, if any	Accepts referrals from multiple counties across the state	
Other relevant admission	Accepts lobby walk-ins, but generally admits occur through	
information for first responders	emergency department; admissions must go through medical	
	clearance	
Number of Beds	unknown	
Is the facility currently under	No	
contract with the LMHA/LBHA to		
purchase beds?		
If under contract, is the facility	NA	
contracted for rapid crisis		
stabilization beds (funded under		
the Psychiatric Emergency		
Service Center contract or Mental		
Health Grant for Justice-Involved		
Individuals), private psychiatric		
beds, or community mental		
health hospital beds (include all		
that apply)?		

If under contract, are beds purchased as a guaranteed set or on an as needed basis?	NA
If under contract, what is the bed day rate paid to the contracted facility?	NA
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	No
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA

Name of Facility	Seay Center
Location (city and county)	Plano, TX/Collin County
Phone number	682.236.6023
Key admission criteria	Adolescents and adults experiencing MH and/or co-occurring MH
	and SUD symptoms that pose immediate threat to self or others
Service area limitations, if any	Accepts referrals from multiple counties across the state
Other relevant admission	Accepts lobby walk-ins, but generally admits occur through
information for first responders	emergency department; admissions must go through medical
	clearance
Number of Beds	unknown
Is the facility currently under	NO
contract with the LMHA/LBHA to	
purchase beds?	
If under contract, is the facility	NA
contracted for rapid crisis	

stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	NA
If under contract, what is the bed day rate paid to the contracted facility?	NA
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	NO
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA

# II.C Plan for local, short-term management of pre- and post-arrest individuals who are deemed incompetent to stand trial

What local inpatient or outpatient alternatives to the state hospital does the local service area currently have for competency restoration? If not applicable, enter N/A.

Identify and briefly describe available alternatives.

 For FY20, LifePath Systems received limited funding from Collin County to coordinate and serve individuals in an outpatient competency restoration program. LifePath recently received notification of new OCR contract for FY21 to serve up to 13 individuals

What barriers or issues limit access or utilization to local inpatient or outpatient alternatives?

- No known local resources or funding for inpatient competency restoration programming other than the state hospital
- Limited beds at the state hospital for competency restoration
- Funding to support forensic evaluation to determine competency of individuals enrolled in OCR
- Housing options for those enrolled in OCR programming

Does the LMHA or LBHA have a dedicated jail liaison position? If so, what is the role of the jail liaison and at what point is the jail liaison engaged?

 Yes. LifePath Systems has a Diversion COC QMHP funded through SB292 dedicated to connecting individuals to outpatient services post release. This position attends weekly jail med unit meetings and monitors CARE matches with the jail daily. LifePath has recently added a Program Administrator of Diversion Services to oversee day-to-day operations of all diversion services as well

If the LMHA or LBHA does not have a dedicated jail liaison, identify the title(s) of employees who operate as a liaison between the LMHA or LBHA and the jail.

NA

What plans, if any, are being developed over the next two years to maximize access and utilization of local alternatives for competency restoration?

• LifePath has recently received notification of contract/award for OCR programming. Curriculum is being developed specific to OCR program in collaboration with Collin County Chief Attorney of Indigent Defense. LifePath will be planning for appropriate staffing and community resources for forensic evaluations pending funding availability.

Does the community have a need for new alternatives for competency restoration? If so, what kind of program would be suitable (i.e., Outpatient Competency Restoration Program inpatient competency restoration, Jail-based Competency Restoration, etc.)?

- All have been mentioned in collaborative meetings and conversations with multiple stakeholders as needed service. Local options of inpatient competency restoration and jail-based competency restoration programming has been brought up as priority among multiple stakeholders due to lack of availability of state hospitals.
- What is needed for implementation? Include resources and barriers that must be resolved.
- OCR: funding to include forensic psychological assessment; local psychologists who
  provide forensic assessments; evidenced based training and support from HHSC;
  expediting reinstatement of benefits for those who lost insurance/benefits while
  incarcerated
- Inpatient Competency Restoration: state hospital availability; local hospitals capable to take on programming; funding for local inpatient competency restoration; expediting reinstatement of benefits for those who lost their insurance/benefits while incarcerated
- Jail-based competency restoration: funding to support programming to include clinical staff and medications; physical space availability is currently limited in Collin County jail to offer jail-based services as well as current COVID restrictions to allow people in; televideo capability and safety considerations; insurance limitations for those incarcerated and preparing for release

# II.D Seamless Integration of emergent psychiatric, substance use, and physical healthcare treatment and the development of Certified Community Behavioral Health Clinics (CCBHCs)

- 1. What steps have been taken to integrate emergency psychiatric, substance use, and physical healthcare services? Who did the LMHA/LBHA collaborate with in these efforts?
  - Internal integration of SUD and MH programs
  - Established contracts with SUD providers to offer continuum of care (outpatient, residential, detox, MAT)
  - Implemented Care Coordination Team

- Established MOUs with local FQHC and local indigent primary care clinics
- Partnered with FQHC for shared community space when their new building is completed
- Collaborative planning meetings with emergency departments, inpatient hospitals, law enforcement, court systems, ISDs, and primary care clinics
- 2. What are the plans for the next two years to further coordinate and integrate these services?
  - Expand availability to other community partners to offer onsite or tele-video options for seamless access to behavioral health care
  - Continue community outreach and education to build integrated care
  - Implement risk stratification tool for care coordination team

### **II.E Communication Plans**

- 1. What steps have been taken to ensure key information from the Psychiatric Emergency Plan is shared with emergency responders and other community stakeholders?
  - Bi-monthly Law Enforcement and Hospital Meetings
  - Monthly meetings with contracted inpatient hospitals
  - Utilization of staff Law Enforcement Liaison for training and communication to local jurisdictions
  - Seeking collaborative grant opportunities with local police departments
  - Bi-monthly PNAC meetings
- 2. How will the LMHA or LBHA ensure staff (including MCOT, hotline, and staff receiving incoming telephone calls) have the information and training to implement the plan?
  - Weekly MCOT Lead meetings
  - Weekly Crisis Action Team meetings
  - Implementation of interdepartmental trainings
  - Collaborative meetings with hotline contractor

# **II.F** Gaps in the Local Crisis Response System

What are the critical gaps in the local crisis emergency response system? Consider needs in all parts of the local service area, including those specific to certain counties.

County	Service System Gaps	<b>Recommendations to Address the Gaps</b>
Collin	Diversion from EDs	<ul> <li>Medical clearance options that are not the emergency department</li> </ul>
		<ul> <li>Outreach and training on accessing crisis hotline first</li> </ul>
		<ul> <li>Expanded partnership with local law enforcement for on-scene MH intervention</li> </ul>
Collin	<ul> <li>Intervention and partnerships with local law enforcement</li> </ul>	<ul> <li>Expanded utilization of Tele-crisis         Assessment Program (TAP)—will be expanding to all officers and all shifts with Plano PD     </li> </ul>
		<ul> <li>Plan to expand to other jurisdictions</li> </ul>
		<ul> <li>Training with local law enforcement on diversion efforts</li> </ul>
Collin	<ul> <li>Consistent tele-video options during pandemic</li> </ul>	Uniform platform across systems
Collin	Hospital discharge planning for those who are homeless	<ul> <li>Emergency or transitional housing availability (currently no homeless shelters or emergency housing options in Collin County)</li> </ul>
	•	•
	•	•
	•	•

## **Section III: Plans and Priorities for System Development**

#### **III.A Jail Diversion**

The Sequential Intercept Model (SIM) informs community-based responses to the involvement of individuals with mental and substance use disorders in the criminal justice system. The model is most effective when used as a community strategic planning tool to assess available resources, determine gaps in services, and plan for community change.

A link to the SIM can be accessed here:

https://www.prainc.com/wp-content/uploads/2017/08/SIM-Brochure-Redesign0824.pdf

In the tables below, indicate the strategies used in each intercept to divert individuals from the criminal justice system and indicate the counties in the service area where the strategies are applicable. List current activities and any plans for the next two years.

Intercept 0: Community Services Current Programs and Initiatives:	County(s)	Plans for upcoming two years:
Coordinated Specialty Care	• Collin	Coordinating with local inpatient facilities, jail, and court system to identify individuals who have experienced their first episode of psychosis within the last 2 years to provide early intervention and support in order to divert and reduce entry/reeentry into legal

	-	
		system
Outpatient Diversion Program	• Collin	<ul> <li>SB 292 funding set to continue through FY21.</li> <li>Continue collaborative efforts for Jail Transport; COC/Jail Liaison for appropriate coordination post incarceration; expand televideo capabilities</li> <li>Add LPHA to diversion staffing</li> </ul>
• ACT	• Collin	<ul> <li>Expanded ACT team in last year—doubled individuals served and added a Lead LPHA to the team</li> <li>Added new location for service delivery—groups, telepsychiatry, nursing</li> </ul>
Peer Services	• Collin	Will be expanding Peer FTEs across the BH Division to include peer services specific to Diversion caseload
•	•	•
•	•	•
•	•	•

Intercept 1: Law Enforcement	County(s)	
Current Programs and Initiatives:		Plans for upcoming two years:
<ul> <li>Development of Telecrisis</li> </ul>	Collin	<ul> <li>Expansion of program to 24</li> </ul>
Assessment Program (TAP)		hours
partnering with Plano PD for		Expansion to other Collin

pilot program		County Jurisdictions
<ul> <li>Grant opportunity: Co- responder program collaborative partnership with Plano PD</li> </ul>	• Collin	Awaiting grant response;     plans to collaboratively     implement if not awarded
Bimonthly Collaborative Law enforcement and hospital meetings	• Collin	Continue group meetings and establish individual meetings as needs arise
Law Enforcement Liaison on staff	• Collin	<ul> <li>Expand partnerships with each jurisdiction in Collin County</li> <li>Implement training opportunities for local law enforcement</li> </ul>
Training/presentations to local CIT training	• Collin	Attend CIT trainings hosted in Collin county to discuss MH crisis service system and LifePath services
•	•	•
•	•	•

Intercept 3: Jails/Courts Current Programs and Initiatives:	County(s)	Plans for upcoming two years:
Collin County Felony Drug Court	• Collin	<ul> <li>Continue participation and collaboration</li> <li>Link individuals to appropriate ongoing MH and SUD recovery options</li> </ul>
Collin County Veteran's Court	• Collin	<ul> <li>Continue participation and collaboration</li> </ul>

Collin County Family Drug Court	• Collin	<ul> <li>Link individuals to appropriate ongoing MH and SUD recovery options</li> <li>Continue participation and collaboration</li> <li>Link individuals to appropriate ongoing MH and SUD</li> </ul>
Collin County DWI Drug Court	• Collin	<ul> <li>ongoing MH and SUD recovery options</li> <li>Continue participation and collaboration</li> <li>Link individuals to appropriate ongoing MH and SUD</li> </ul>
Collin County Veteran's Court	• Collin	recovery options
Juvenile Mental Health     Intervention Program	• Collin	<ul> <li>recovery options</li> <li>Continue participation and collaboration</li> <li>Link individuals to appropriate ongoing MH and SUD recovery options</li> </ul>
Outpatient Competency Restoration Program	• Collin	<ul> <li>Establish contract with HHSC for program expansion</li> <li>Develop OCR curriculum</li> <li>Improve partnerships and coordination between the court system and jail</li> </ul>

Intercept 4: Reentry	County(s)	

Current Programs and Initiatives:		Plans for upcoming two years:
•TCOOMMI	• Collin	Expand coordination activities with local probation and parole departments    Improve coordination of TCOOMMI quarterly meetings to include probation involvementexpand tele-video service delivery
Outpatient Diversion Programs	• Collin	• SB 292 funding set to continue through FY21. Continue collaborative efforts for Jail Transport; COC/Jail Liaison for appropriate coordination post incarceration; expand tele-video capabilitiesAdd LPHA to diversion staffing
• MVPN	• Collin	Support to veterans in local Veteran Court via job coaching, peer support, and resource navigation
•	•	•
•	•	•
•	•	•
•	•	•

Intercept 5: Community	County(s)	
Corrections		Plans for upcoming two years:

Current Programs and Initiatives:		
Establishing relationship with local parole department	Collin/Dallas	Foster relationships and connection to ongoing outpatient mental health services for parolees
Probation	Collin	•
•	•	•
•	•	•
•	•	•
•	•	•
•	•	•

## **III.B Other Behavioral Health Strategic Priorities**

The <u>Texas Statewide Behavioral Health Strategic Plan</u> identifies other significant gaps and goals in the state's behavioral health services system. The gaps identified in the plan are:

- Gap 1: Access to appropriate behavioral health services for special populations (e.g., individuals with co-occurring psychiatric and substance use services, individuals who are frequent users of emergency room and inpatient services)
- Gap 2: Behavioral health needs of public school students
- Gap 3: Coordination across state agencies
- Gap 4: Veteran and military service member supports
- Gap 5: Continuity of care for individuals exiting county and local jails
- Gap 6: Access to timely treatment services
- Gap 7: Implementation of evidence-based practices
- Gap 8: Use of peer services

- Gap 9: Behavioral health services for individuals with intellectual disabilities
- Gap 10: Consumer transportation and access
- Gap 11: Prevention and early intervention services
- Gap 12: Access to housing
- Gap 13: Behavioral health workforce shortage
- Gap 14: Services for special populations (e.g., youth transitioning into adult service systems)
- Gap 15: Shared and usable data

## The goals identified in the plan are:

- Goal 1: Program and Service Coordination Promote and support behavioral health program and service coordination to ensure continuity of services and access points across state agencies.
- Goal 2: Program and Service Delivery Ensure optimal program and service delivery to maximize resources in order to effectively meet the diverse needs of people and communities.
- Goal 3: Prevention and Early Intervention Services Maximize behavioral health prevention and early intervention services across state agencies.
- Goal 4: Financial Alignment Ensure that the financial alignment of behavioral health funding best meets the needs across Texas.
- Goal 5: Statewide Data Collaboration Compare statewide data across state agencies on results and effectiveness.

In the table below briefly describe the current status of each area of focus as identified in the plan (key accomplishments, challenges and current activities), and then summarize objectives and activities planned for the next two years.

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
Improving access to timely outpatient	<ul><li>Gap 6</li><li>Goal 2</li></ul>	<ul> <li>Expanded         Telepsychiatry in</li> </ul>	Collaboration with local stakeholders for shared

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
services		LifePath's Open Access program to allow for same day access for both clinical intake and medication mgmt  Expanded Telepsychiatry to outpatient services at LifePath's Crisis Respite Unit Established Care Coordination Team Expanded tele-video options for most services Community partnerships for field based intakes	<ul> <li>space</li> <li>Increase LPHA and intern staffing in Open Access program</li> <li>Increase tele-video options and capability across the county</li> </ul>
Improving continuity of care between inpatient care and community services and reducing hospital readmissions	• Gap 1 • Goals 1,2,4	COC Team dedicated to effective coordination from inpatient care to ongoing outpatient care	Improve collaborative efforts with MCOs for information sharing and referral to services

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
		<ul> <li>Implementation of Care Coordination Team</li> <li>Monthly meetings with contracted inpatient providers</li> <li>Bi-monthly collaborative meetings with law enforcement, ERs, and local psychiatric hospitals</li> </ul>	
Transitioning long- term state hospital patients who no longer need an inpatient level of care to the community and reducing other state hospital utilization	• Gap 14 • Goals 1,4	<ul> <li>Utilizing LifePath foundation funds for rapid housing options for state hospital and PPB discharges</li> <li>Expanded Supported Housing team by 2 FTEs</li> <li>Established weekly contact via tele-video or face to face visits to TSH for discharge planning and interdisciplinary team</li> </ul>	Continued involvement in discharge planning and interdisciplinary team meetings between LifePath's COC team and Terrell State Hospital

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
		meetings • Expansion of ACT team	
Implementing and ensuring fidelity with evidence-based practices	• Gap 7 • Goal 2	<ul> <li>Monthly fidelity reviews and supervision between Leads and direct service staff</li> <li>Monthly quality assurance chart audits</li> <li>Restructured quality review tool to include all EBPs</li> <li>Expanded training program by 3 FTEs</li> <li>Upgraded Relias system</li> </ul>	<ul> <li>Pre- and post-tests implementation for trainings</li> <li>Seek additional training and coaching opportunities for EBPs</li> <li>Expand structure of supervision requirements for leads and management</li> </ul>
Transition to a recovery-oriented system of care, including use of peer support services	• Gap 8 • Goals 2,3	<ul> <li>Expanding Peer Services/FTEs</li> <li>Updated curriculum to offer in depth virtual and/or face-to-face</li> </ul>	Develop treatment team approach through Care Coordination and including individual and natural supports

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
		PCRP, TIC, CLAS, and Military Cultural competencies  Monthly reviews and supervision between outpatient leads and direct services staff	Have peer dedicated to each location/program at LifePath Systems
Addressing the needs of consumers with co-occurring substance use disorders	• Gaps 1,14 • Goals 1,2	<ul> <li>Expanded COPSD training</li> <li>Internal integration of SUD, MH, and crisis programs and staff</li> <li>Expanded hours for OSAR and expanded field-based capability</li> <li>Built robust provider network to include multiple outpatient, residential, and detox providers</li> <li>Offering virtual AA at LifePath's Crisis Respite Unit</li> </ul>	<ul> <li>Seek additional funding opportunities for immediate access for detox for those with cooccurring disorders</li> <li>Continue training and cross training of staff to build understanding and bridge gap between MH and SUD</li> </ul>
Integrating	• Gap 1	Care Coordination	LifePath will be

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
behavioral health and primary care services and meeting physical healthcare needs of consumers.	• Goals 1,2	<ul> <li>Team developed</li> <li>Established MOUs with FQHC and local indigent primary care providers</li> <li>Collaborative grant opportunities to include LifePath and local indigent primary care providers</li> </ul>	partnering with local FQHC for shared space at their new facility once completed  • Seek additional community partnership grant opportunities  • Seek opportunities for site based face-to-face and/or virtual behavioral health service options to other physical health care providers
Consumer transportation and access to treatment in remote areas	• Gap 10 • Goal 2	Expansion of field- based staff to provide intensive services Diversion Transport position through SB292 expanded tele-video options for service delivery	<ul> <li>Implementing tablet/hotspot check-out system for individuals and families</li> <li>Add fleet manager and transportation specialist to staffing</li> </ul>
Addressing the	• Gap 14	• Integration with MCOT	Establishing continued

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
behavioral health needs of consumers with Intellectual Disabilities	• Goals 2,4	<ul> <li>and IDD Crisis</li> <li>Added additional training opportunities for MCOT</li> <li>Established Dual Diagnosis Clinic for individuals with IDD and BH with 1115 funds</li> </ul>	sustainability plan for Dual Diagnosis Clinic after end of IDD funds • Establishing inter- agency process for respite care for IDD individuals at LifePath's Crisis Center
Addressing the behavioral health needs of veterans	• Gap 4 • Goals 2,3	<ul> <li>Expanded MVPN program from 1 FTE to 2 FTE</li> <li>Seek additional grant opportunities to address BH needs of veterans</li> <li>Utilization of LifePath Foundation funding specific to veteran population (include financial assistance, home renovations, job coaching needs)</li> <li>Active participant of local Veteran's MH</li> </ul>	<ul> <li>Establishing MOUs with other local Veteran providers (Veteran Affairs and Stephen A. Cohen Clinic)</li> <li>Seeking other partnerships with local veteran peer networks</li> </ul>

Area of Focus	Related Gaps and Goals from Strategic Plan	<b>Current Status</b>	Plans
		Court	

### **III.C Local Priorities and Plans**

- Based on identification of unmet needs, stakeholder input, and internal assessment, identify the top local priorities for the next two years. These might include changes in the array of services, allocation of resources, implementation of new strategies or initiatives, service enhancements, quality improvements, etc.
- List at least one but no more than five priorities.
- For each priority, briefly describe current activities and achievements and summarize plans for the next two years. If local priorities are addressed in the table above, list the local priority and enter "see above" in the remaining two cells.

<b>Local Priority</b>	<b>Current Status</b>	Plans	
Emergency Department Diversion for MH crises	<ul> <li>Tele-crisis Assessment Program (TAP) implementation with Plano PD</li> </ul>	<ul> <li>Expand Tele-crisis Assessment Program (TAP) to 24/7 coverage and to all jurisdictions</li> </ul>	
	<ul> <li>Offering tele-video and audio only assessments to emergency departments and hospitals (implemented in response to COVID, but has significantly decreased ER wait time due to limited driving)</li> </ul>	<ul> <li>Continued outreach efforts and community education on accessing crisis line and/or MCOT</li> </ul>	
		<ul> <li>Expand inpatient PPB provider network</li> <li>Planning for COVID precautions at LifePath's Crisis Center to expand</li> </ul>	

<b>Local Priority</b>	<b>Current Status</b>	Plans		
		capacity (currently at half capacity to allow single occupancy rooms due to COVID)  • Collaborating with local hospitals		
		and partners for "medical clearance" requirements		
		Expand tele-video capabilities to meet needs of local hospitals and ERs		
Detox beds for those with co-occurring disorders	Able to utilize HB13 funding for local, for-profit co-occurring programs in inpatient hospitals in response to COVID for fy2	Recently notified that HB13 funds will not be continuing and discontinued resource. Identifying possible local match and partnerships to meet growing need of individuals presenting with cooccurring crises, specific to COVID		
Emergency housing/transitional living	<ul> <li>Limited foundation funding for rapid options</li> <li>No emergency options for homeless population—most must be place out of Collin County</li> </ul>	Seeking partnership with local resources and county for options		

## **III.D System Development and Identification of New Priorities**

Development of the local plans should include a process to identify local priorities and needs and the resources required for implementation. The priorities should reflect the input of key stakeholders involved in development of the Psychiatric Emergency Plan as well as the broader community. This

builds on the ongoing communication and collaboration LMHAs and LBHAs have with local stakeholders. The primary purpose is to support local planning, collaboration, and resource development. The information provides a clear picture of needs across the state and support planning at the state level.

In the table below, identify the local service area's priorities for use of any *new* funding should it become available in the future. Do not include planned services and projects that have an identified source of funding. Consider regional needs and potential use of robust transportation and alternatives to hospital care. Examples of alternatives to hospital care include residential facilities for non-restorable individuals, outpatient commitments, and other individuals needing long-term care, including geriatric patients with mental health needs. Also consider services needed to improve community tenure and avoid hospitalization.

Provide as much detail as practical for long-term planning and:

- Assign a priority level of 1, 2 or, 3 to each item, with 1 being the highest priority;
- Identify the general need;
- Describe how the resources would be used—what items/components would be funded, including estimated quantity when applicable; and
- Estimate the funding needed, listing the key components and costs (for recurring/ongoing costs, such as staffing, state the annual cost.

Priority	Need	Brief description of how resources would be used	Estimated Cost
1	<b>Example:</b> Detox Beds	• Establish a 6-bed detox unit at ABC Hospital.	•
2	Example: Nursing home care	• Fund positions for a part- time psychiatrist and part- time mental health professionals to support staff at ABC Nursing Home in caring for residents with	

	mental illness.  Install telemedicine equipment in ABC Nursing Facility to support long- distance psychiatric consultation.	
Detox Beds for those with co-occurring disorders	<ul> <li>Establish alternative funding similar to previous HB13 project due to increased demand since COVID—identified SUD crisis (ANSA 0)</li> <li>Fund COPSD COC position (LCDC/QMHP)</li> </ul>	<ul> <li>2 beddays/day @ \$700/day (includes M&amp;S)=\$511,000</li> <li>COPSD COC \$45000/year + fringe (24%)\$10,800 =\$55800</li> <li>Total: \$566,800</li> </ul>
Transitional Housing	<ul> <li>Establish partnership project for transitional living options for individuals with criminal backgrounds, OCR, and /or homeless</li> <li>Fund 1 QMHP, and 1 Consumer Benefits position</li> <li>Establish bedday rate with potential partner</li> <li>Purchase and install televideo equipment</li> </ul>	<ul> <li>QMHP: \$40000/year + 24% Fringe=\$49600</li> <li>CB: \$32000/year + 24% fringe=\$39680</li> <li>Bedday rate: 10 beddays/day, \$60/day: \$219000</li> <li>Total: \$348280</li> </ul>
Clubhouses	Establish partnership with 2 local clubhouses dedicating 1 Peer for transportation	<ul><li>Peer: \$30000/year + 24% fringe=\$37200</li><li>Mileage: \$10000/year</li></ul>

	and other peer act	rivities	Activities: \$5000/year			
PPB Fur	Additional need for funding in FY21 dual COVID related charand capacity limital LifePath's Crisis Celebrate     Expand PPB funding beddays	le to Illenges ations at enter	• 2 beddays/day @ \$700/day (includes M&S)=\$511,000			
Psychia Emerge	ncy programming betw	veen	Prescriber	Salaries	Fringe B.	Total
Drop-of	LifePath, Local LE, hospital(s)	and/or	services 24x7	700000	168000	868000
			2 RN's	160000	38400	198400
			1 LPHA	58000	13920	71920
			1 QMHP	40000	9600	49600
			1 QMHP	40000	9600	49600
			1 Support Staff	30000	7200	37200
			• Total: \$1274720			\$1274720

# **Appendix A: Levels of Crisis Care**

**Admission criteria** – Admission into services is determined by the individual's level of care as determined by the TRR Assessment found <a href="here">here</a> for adults or <a href="here">here</a> for children and adolescents. The TRR assessment tool is comprised of several modules used in the behavioral health system to support care planning and level of care decision making. High scores on the TRR Assessment module, such as items of Risk Behavior (Suicide Risk and Danger to Others) or Life Domain Functioning and Behavior Health Needs (Cognition), trigger a score that indicates the need for crisis services.

**Crisis Hotline** – The Crisis Hotline is a 24/7 telephone service that provides information, support, referrals, screening and intervention. The hotline serves as the first point of contact for mental health crisis in the community, providing confidential telephone triage to determine the immediate level of need and to mobilize emergency services if necessary. The hotline facilitates referrals to 911, MCOT, or other crisis services.

**Crisis Residential Units**– provide community-based residential crisis treatment to individuals with a moderate to mild risk of harm to self or others, who may have fairly severe functional impairment, and whose symptoms cannot be stabilized in a less intensive setting. Crisis residential facilities are not authorized to accept individuals on involuntary status.

**Crisis Respite Units** –provide community-based residential crisis treatment for individuals who have low risk of harm to self or others, and who may have some functional impairment. Services may occur over a brief period of time, such as two hours, and generally serve individuals with housing challenges or assist caretakers who need short-term housing or supervision for the persons they care for to avoid mental health crisis. Crisis respite facilities are not authorized to accept individuals on involuntary status.

**Crisis Services** – Crisis services are brief interventions provided in the community that ameliorate the crisis and prevent utilization of more intensive services such as hospitalization. The desired outcome is resolution of the crisis and avoidance of intensive and restrictive intervention or relapse.

**Crisis Stabilization Units (CSU)** – are the only licensed facilities on the crisis continuum and may accept individuals on emergency detention or orders of protective custody. CSUs offer the most intensive mental health services on the crisis facility continuum by providing short-term crisis treatment to reduce acute symptoms of mental illness in individuals with a high to moderate risk of harm to self or others.

**Extended Observation Units (EOU)** – provide up to 48-hours of emergency services to individuals in mental health crisis who may pose a high to moderate risk of harm to self or others. EOUs may accept individuals on emergency detention.

**Mobile Crisis Outreach Team (MCOT)** – MCOTs are clinically staffed mobile treatment teams that provide 24/7, prompt face-to-face crisis assessment, crisis intervention services, crisis follow-up, and relapse prevention services for individuals in the community.

**Psychiatric Emergency Service Center (PESC)** – PESCs provide immediate access to assessment, triage and a continuum of stabilizing treatment for individuals with behavioral health crisis. PESC projects include rapid crisis stabilization beds within a licensed hospital, extended observation units, crisis stabilization units, psychiatric emergency service centers, crisis residential, and crisis respite and are staffed by medical personnel and mental health professionals that provide care 24/7. PESCs may be co-located within a licensed hospital or CSU or be within proximity to a licensed hospital. The array of projects available in a service area is based on the local needs and characteristics of the community and is dependent upon LMHA/LBHA funding.

**Rapid Crisis Stabilization and Private Psychiatric Beds** – Hospital services staffed with medical and nursing professionals who provide 24/7 professional monitoring, supervision, and assistance in an environment designed to provide safety and security during acute behavioral health crisis. Staff provides intensive interventions designed to relieve acute symptomatology and restore the individual's ability to function in a less restrictive setting.

# **Appendix B: Acronyms**

CSU Crisis Stabilization Unit
EOU Extended Observation Units
HHSC Health and Human Services Commission
LMHA Local Mental Health Authority
LBHA Local Behavioral Health Authority
MCOT Mobile Crisis Outreach Team
PESC Psychiatric Emergency Service Center